



# Construction Helper

Posted by Timber Hill Construction

**Posting Date :** 30-Jan-2025

**Closing Date :** 29-Jul-2025

**Location :** Calgary

**Salary :** \$35.50 Per Hour

## Job Requirements

- **Education:** No degree, certificate and diploma
- **Language:** No English
- **Years of Experience:** Fresher (less than 1 year)
- **Vacancy:** 1
- **Job Type:** Full Time
- **Job id:** ABOJ4685305

## Job Description:

- Load and unload construction materials, and move materials to work areas
- Erect and dismantle concrete forms, scaffolding, ramps, catwalks, shoring and barricades required at construction sites
- Mix, pour and spread materials such as concrete and asphalt

- Assist tradespersons such as carpenters, bricklayers, cement finishers, roofers and glaziers in construction activities
- Assist heavy equipment operators to secure special attachments to equipment, signal operators to guide them in moving equipment and provide assistance in other activities
- Assist in aligning pipes and perform related activities during oil and gas pipeline construction
- Assist in drilling and blasting rock at construction sites
- Assist miners in excavating and in setting up and operating various drills and other surface mining machinery
- Level earth to fine grade specifications using rake and shovel
- Assist in demolishing buildings using prying bars and other tools, and sort, clean and pile salvaged materials
- Remove rubble and other debris at construction sites using rakes, shovels, wheelbarrows and other equipment
- Operate pneumatic hammers, vibrators and tampers as directed
- Tend or feed machines or equipment used in construction such as mixers, compressors and pumps
- Clean up chemical spills and other contaminants, and remove asbestos and other hazardous materials
- Perform other activities at construction sites, as directed.

## **Physical Demands**

- Handling material manually
- Standing
- Bending or twisting the body
- Making repetitive motions
- Walking and running

## **Work environment**

- Sound and noise
- Skin injury
- Standard safety equipment
- Outside, exposed to weather
- Hazardous conditions
- High places
- Dangerous chemical substances
- Extreme temperatures
- Vibration
- Hazardous equipment, machinery, tools

## Transportation/travel information

- Willing to travel
- Valid driver's licence
- Public transportation is available

To apply for this job vacancy, please send your resume along with a cover letter and a reference letter from your previous employer to the following email: [jobs.timberhillconstruction@gmail.com](mailto:jobs.timberhillconstruction@gmail.com)

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