



# Cook

Posted by Flameo Bathurst

**Posting Date :** 22-Oct-2025

**Closing Date :** 20-Apr-2026

**Location :** Bathurst

**Salary :** \$16 Per Hour

## Job Requirements

- **Education:** Secondary (high) school graduation certificate
- **Language:** English or French
- **Years of Experience:** 1 year
- **Vacancy:** 2
- **Job Type:** Full Time
- **Job id:** ABOJ4421102

## Job Description:

**Cook**

**Job Title:** Cook (NOC: 63200)

**Employer: Flameo Bathurst**

**Location: 1300 St Peter Avenue Bathurst NB E2A 3R6**

**Wage: \$16/hour for 30 – 40 hours a week**

**Vacancy: 3 vacancies**

**Employment groups to include: persons with disabilities, indigenous, newcomers to Canada, student, and vulnerable youth**

**Terms of employment: Term or contract**

**Start Date: as soon as possible**

### **Job Requirements:**

#### Languages

- English or French

#### Education

- Secondary (high) school graduation certificate

#### Experience

- At least 1 year to less than 2 years

#### Duties:

- Prepares assigned food items by following established menus, recipes, and quantity quotas, determining ingredients and quantities required and assembling ingredients and equipment required for cooking.
- Plans preparation and cooking schedule
- Cooks and seasons assigned food and therapeutic diet items such as soups, sauces, salads starches, meats, fish, poultry, vegetables, and desserts by methods/procedures such as roasting, frying, grilling steaming, poaching boiling, baking: tests food items for palatability and temperature and adjusts accordingly
- Carves food items such as meat and poultry and controls portioning of food items to ensure recipe yield meets assigned quantity quotas
- Maintains established food rotations in storage, to minimize spoilage and waste
- Performs other related duties as assigned.

#### Work Conditions

- Work under pressure, handling heavy loads, repetitive tasks, standing for extended periods, physically demanding, fast paced environment, attention to detail.

#### Personal Suitability

- Client focus, dependability, initiative, organized, team player, excellent oral communication, reliability, flexibility, judgement

#### Security and Safety

- Bondable, criminal record check child abuse registry check

#### Credentials

- Safe Food Handling Certificate, Food Safety Certificate

#### How to Apply

- Email: [bathurst@itsflameo.ca](mailto:bathurst@itsflameo.ca)

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